



## POOLSIDE LESSONS

Club Westside offers swim lessons that meet everyone's requirements. Private lessons, semi-private and group lessons are available.

## GROUP LESSONS

Westside offers a variety of group lessons for all age groups. Instructor to student ratios vary on the age and swim level of the students. Our group classes run 4 weeks per session. We offer 2 day a week and 1 day a week schedules as well as a variety of Crash Courses (Monday through Thursday for two weeks) throughout the summer season (Note: A 3-week cancellation notice is required for refund. No exceptions made). Group classes begin in May and run through July. Schedules will vary each month.

### OUR LESSONS ARE BROKEN UP INTO SEVEN GROUPS:

#### MINNOWS

This level is for children 2.5 years – 4 years of age. It is designed for the beginner that may be hesitant to put their face in the water. Creative water games will be used to increase confidence.

**30 minute class | 3:1 ratio**  
Ages: 30 months – 4 years

**2 days per week: \$165**  
**1 day per week: \$100**  
**Crash Course (4 days, 2 weeks): \$165**

#### GUPPIES

This level is for children 3 years and older that may have little to no experience in the water. This is for the young swimmer who is not afraid to be unattended in the water, with or without swimming aids. They will learn to float on their back and learn elements of the front crawl.

**30 minute class | 4:1 ratio**  
Ages: 3+

**2 days per week: \$155**  
**1 day per week: \$95**  
**Crash Course (4 days, 2 weeks): \$165**

#### GOLDFISH

This level is for children that can float on their backs independently, and are willing to swim off of the step to the instructor. We will work on stroke development, endurance, and water safety.

**45 minute class | 4:1 ratio**  
Ages: 3+

**2 days per week: \$155**  
**1 day per week: \$95**  
**Crash Course (4 days, 2 weeks): \$165**

#### ANGELFISH

This level is for children ages 5+. They will learn to swim 10 yards of front crawl and back crawl, and learn to rotate between the two. Treading water and rotary breathing will also be taught.

**45 minute class | 6:1 ratio**  
Ages: 5+

**2 days per week: \$165**  
**Crash Course (4 days, 2 weeks): \$165**

[SEE BACK FOR MORE INFORMATION](#)

## CLOWNFISH

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This level is for children ages 6+ that have a strong understanding of the front crawl and back crawl and begin working the full length of the pool with introduction to breaststroke and butterfly.

45 minute class | 6:1 ratio  
Ages: 6+

2 days per week: \$165  
Crash Course (4 days, 2 weeks): \$165

## DOLPHINS

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This level is for children who are able to swim front crawl and back crawl the length of the pool. We will refine all four strokes, and work on racing techniques, speed, and endurance.

1 hour class | 10:1 ratio  
Ages: 6+

1 day per week: \$100

## MOMMY & ME

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Be part of your child's first water experience. This course is designed for the parent to introduce basic water motor skills through the instructor and creative concepts without forced submersion.

\*Begins in June.

30 minute class | 10:1 ratio  
Ages: 6 – 30 months

2 days per week: \$155

## PRIVATE LESSONS

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This is one-on-one instruction that is tailored to the individual needs of the student.

Please note that 24-hour notice is required for all cancellations. No shows or cancellations within 24 hours will incur the full fee.

(Rates per person)

Private 30 min:	\$46	Semi-private (30 min):	\$36
Private 60 min:	\$76	Semi-private (60 min):	\$66

## WESTSIDE WAVES INTRA-LEAGUE SWIM TEAM

(Complimentary)

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In swimming, everyone has a chance to play. This complimentary offering builds self-confidence, discipline and personal growth unmatched by other sports and activities. Open to swimmers of all abilities.

If your child is new to swimming, please schedule a swim evaluation to confirm that they can swim the length of the pool unassisted.

## 2020 REGISTRATION

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Registration opens: April 8th

Evaluations: May 8th

Season starts: May 12th

Season ends: June 26th

Registration is available online.