



TENNIS ACADEMY PROGRAMS — FALL AND SPRING 2018–2019

QUICKSTART

WTA coaches children using low-compression balls and drills designed to advance their skills quickly. The children are separated by age and skill level. The kids will get plenty of exercise, tennis and fun!

Ages 7 – 10

Monday (Outdoors) | Wednesday & Thursday (Indoors)
4 – 5 pm

Saturday (Outdoors)
9 – 10 am

2 days per week: \$135 | 3 days per week: \$165 | 4 days per week: \$190 | Saturday only: \$90

FUTURE STARS

This program keeps the younger kids interested and excited about tennis without losing their attention. It will be the same format as QuickStart.

Ages 5 – 6

Monday, Wednesday & Thursday (Indoors)
4 – 5 pm

Saturday (Outdoors)
9 – 10 am

JUNIOR DEVELOPMENT

WTA's Junior Development uses regular tennis balls and a full-size court. From beginner to advanced, this program is designed to teach the game of tennis. It is for kids who want to enjoy, but not necessarily compete.

Ages 11+

Tuesday & Thursday (Outdoors)
5 – 6:30 pm

2 days per week: \$180

Westside Tennis Academy's Fall and Spring 2018–2019 programs start September 4, 2018, and end May 31, 2019.

ALL PROGRAMS ARE BILLED PER SESSION:

SESSION 1: SEPTEMBER 4 – 28
SESSION 2: OCTOBER 1 – 26
SESSION 3: OCTOBER 29 – NOVEMBER 30
(No classes November 19 – 23)

SESSION 4: DECEMBER 3 – 21
(1 week prorated due to 3-week schedule)
SESSION 5: JANUARY 7 – FEBRUARY 1
SESSION 6: FEBRUARY 4 – MARCH 1

SESSION 7: MARCH 4 – 29
SESSION 8: APRIL 1 – 26
SESSION 9: MAY 6 – 31





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CHALLENGER/ZAT

WTA's Challenger/ZAT program is designed for students taking their first steps into organized tournament play. The Challenger/ZAT Program focuses on developing well-rounded skills in the context of game play. This program emphasizes establishing a proper and solid technical foundation, introducing simple strategy, tactics and patterns of play. Players take their first steps into conditioning while transitioning from overall motor skills development into tennis-specific speed and agility training.

Ages 12 & Under

Drills: Monday & Wednesday
5 – 7 pm

Match Play: Friday
4:30 – 6:30 pm

2 days per week: \$250
3 days per week: \$300

CHAMP/SUPER CHAMP

Players must qualify to participate. The program is designed for players with solid fundamentals and a minimum few years' experience in the USTA tournament system. The program's philosophy is based around personalized training plans. WTA stresses continuous technical and strategical improvement while the emphasis shifts towards mental and physical conditioning. Players are being exposed to tennis-specific mobility with a focus on increasing range of motion.

All Ages

Drill Days: Monday – Thursday
4:30 – 7 pm

3 days per week: \$375
4 days per week: \$425

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