



sports programming

BASEBALL

DAY	PROGRAM	AGE	TIME	COST
WEDNESDAY	BASEBALL BASICS	5 – 12	4 – 5 pm	COMPLIMENTARY
SATURDAY	BASEBALL BASICS	5 – 12	12 – 1 pm	COMPLIMENTARY

BASKETBALL

DAY	PROGRAM	AGE	TIME	COST
THURSDAY	MEN'S PICK-UP	18+	7 pm	COMPLIMENTARY
SATURDAY	FUNDAMENTALS	5 – 10	11 am – 12 pm	COMPLIMENTARY

SOCCER

DAY	PROGRAM	AGE	TIME	COST
TUESDAY	SKILLS & DRILLS	5 – 12	5 – 6 pm	COMPLIMENTARY
TUESDAY	ADULT PICK-UP	18+	7:30 pm	COMPLIMENTARY
WEDNESDAY	ADULT PICK-UP	18+	7:30 pm	COMPLIMENTARY

SPEED & AGILITY TRAINING

DAY	PROGRAM	AGE	TIME	COST
WEDNESDAY	NEXT-LEVEL AGILITY	8 – 14	5 – 6 pm	COMPLIMENTARY
SATURDAY	FUNDAMENTALS	6 – 12	1 – 2 pm	COMPLIMENTARY

VOLLEYBALL

DAY	PROGRAM	AGE	TIME	COST
TUESDAY	DEVELOPMENTAL VOLLEYBALL	6 – 12	4 – 5 pm	COMPLIMENTARY
THURSDAY	DEVELOPMENTAL VOLLEYBALL	6 – 12	5 – 6 pm	COMPLIMENTARY
SATURDAY	PICK-UP PLAY	16+	10 am	COMPLIMENTARY

In addition to our complimentary classes listed above, fee-based private instruction is available for members. For information on rates and types of sports supported, please send an email to:

sports @ [CLUBWESTSIDE.COM](mailto:sports@clubwestside.com)